

# Idalia Breakfast Menu

## October 2024

**A selection of milk offered daily-----Fruit and juice offered daily----A variety of cereal offered daily**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	Ham & Cheese Croissant Smoothie	2	Breakfast Round Yogurt Parfait	3	Banana Bread Breakfast Casserole	4	No school
7	Pancakes Scrambled Eggs	8	Biscuits& Gravy Smoothie	9	Bagel w/Cream Cheese	10	Breakfast Pizza Yogurt	11	No school
14	Muffin Omlet	15	Ham & Cheese Croissant Smoothie	16	Breakfast Round Yogurt Parfait	17	Banana Bread Breakfast Casserole	18	No school
21	Pancakes Scrambled Eggs	22	Biscuits & Gravy Smoothie	23	Bagel w/Cream Cheese	24	Breakfast Pizza Yogurt	25	No school
28	Muffin Omlet	29	Ham & Cheese Croissant Smoothie	30	Breakfast Round Yogurt Parfait	31	Banana Bread Breakfast Casserole		

**This institution is an equal opportunity provider**

# Idalia Lunch Menu

## October 2024

**Fruits and vegetables offered daily----A selection of milk is offered daily ----Menu is subject to change**

MONDAY		TUESDAY		Wednesday		THURSDAY		FRIDAY	
		1	Tacos Roasted corn Salad Bar	2	PBJ sandwich chicken salad/baked chips Salad Bar	3	Chicken Fajitas arroz con elote Salad Bar/Dessert	4	No School
7	Corn dog fiesta bean salad Salad Bar	8	Beef Burrito w/green chili/refried beans Salad Bar	9	Chicken strips roasted vegetables Salad Bar	10	Shredded pork tacos chips & salsa Salad Bar/Dessert	11	No school
14	Chicken sandwich baked beans Salad Bar	15	Cheesy nachos w/ground beef Salad Bar	16	Southwest chicken rice bowl Salad Bar	17	Beef Tostada refried beans Salad Bar/Dessert	18	No school
21	Chicken Nuggets Baked Potato Salad Bar	22	Baked Ziti breadstick Salad Bar	23	HB /CB fries Salad Bar	24	Chicken fried steak mash potatoes/gravy/roll Salad Bar/Dessert	25	No school
28	Walking Tacos salad bar	29	Chicken Alfredo Garlic bread saladbar	30	Ham sandwich baked chips salad bar	31	Pizza green beans salad bar/dessert		<b>Chocolate milk one day a week</b>

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